

# News & Events Update

Liverpool Parent and Carers Forum

Autumn/Winter

Issue 01

## News



Welcome to our very first newsletter from LivPaC.

We are a parent carer forum that provides support to parents/carers with children or young people 0-25. We are parents/carers of children and young people who are disabled. Through partnership work, we can influence service development. They are made up of a committee. We have regular meetings and sit with my service providers and are involved in joint work to shape and develop services for disabled children, young people and their families.



### Meet the Team

Angela Billington Chair

Donna Phipps Secretary

June Jackson Treasurer

Paula Goss Parent Rep

Helen Mapley Parent Rep

Lorna Warburton Parent

We hope that you find the information in the newsletter useful and informative.

So much has happened over the last 12 months.

Here is our story so far.....

De La Salle Academy



THE DE LA SALLE ACADEMY

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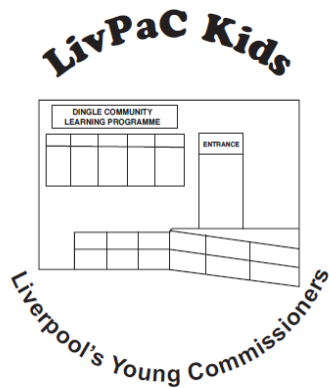
In October we had our 1<sup>st</sup> Coffee Afternoon at De La Salle Academy. We had an excellent response for our 1<sup>st</sup> meeting.

Our next meeting will be Tuesday 31<sup>st</sup> October 2017 1pm – 2:30pm

Pop along for a cuppa and a chat and meet some of the team.



## Young Commissioners



### Liverpool's Young Commissioners

#### LivPaC Kids

We are a group of young people with parents who come to Liverpool Parent and Carer Forum (LivPaC) meetings. We have 7 members. The group was set up in September 2016.

Our aim is to help Liverpool City Council and schools understand what it is like for young people.

## TRAINING

We have had many training sessions that the Local Authority and other service providers have been involved in, i.e.: - The Local Offer, Continuing Care, Y6 Transition, Children's and

Families Act, Personnel Budgets, ASD Training, Sleep Solutions, Emotional Resilience and many more.

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Since September we have been very busy with Coffee Mornings and Information Sessions. We have CAMHS, Merseyside Youth Association - MYA and The ADHD Foundation all providing sessions for us. CAMHS have listened to us and our parents/carer's and have rewritten their training for parents and not professionals

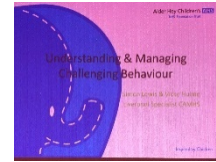
Our first training session back after the summer holidays was 'Be Confident'. It was an excellent start.



We have had MYA in doing an Anxiety in Children and Young People,



CAMHS have done Challenging Behavior



Most recently Shorts Breaks Manager Carol See came in to talk about the service and how to self-refer. Short breaks provide opportunities for disabled children and young people to spend time away from their primary carer's. These include day, evening, overnight or weekend activities, and can take place in the child's own home, the home of an approved carer, residential or community setting. Please note the new number is 0151 233 3621.



## ASD Training Team

As you are aware this service was to end in November but due to parents and carer's from other support groups determination the service was saved. They are now looking and planning training dates for the New Year.

## Resources

**Contact** – formerly known as Contact a Family have a wide range of guides and factsheets, some examples: -

- Getting Social care services for your child with additional needs.
- NHS and caring for a disable child.
- Aids, equipment and adaptations.
- Understanding your child's behavior and Helping your child to sleep.
- Plus, many more, browse on the resources section on their website [www.contact.org.uk](http://www.contact.org.uk)

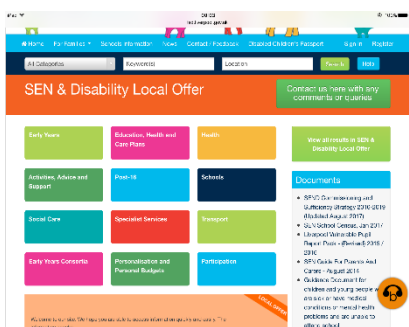
## LOCAL OFFER

Ever Local Authority has information on services for children and young people with SEN or disabilities set out in an area of their website

called the 'Local Offer' and should be accessible from the LA's website.

If at any point you can't find a service or have difficulties with the information, then you could feedback about it.

<http://fsd.liverpool.gov.uk/kb5liverpool/fsd/localoffer.page>



This will be available at our offices when coffee mornings and evenings are on for anyone to browse.....

## Coffee Morning/Evening Dates

**17/10/17** Coffee Evening  
DCLP with **MYA Mental Health and Technology**  
6pm – 9pm

**31/10/17** Coffee Afternoon -  
De La Salle 1pm – 2:30pm

**07/11/17** Coffee Morning –  
DCLP with **SEN Team and Disabled Go** 10am – 12:30pm

**08/11/17** CAMHS – **Unusual Experiences & Understanding of Psychosis in Young People** – DCLP  
10am – 12:30pm/1pm

## Useful Information

**SENDIASS** – Special Educational Needs and Disabilities Information, Advice and Support Service. They provide impartial information, advice and support to parents and carer's of children and young people with special educational needs (SEN) Tel; - 0800 012 9066 opt 2

**SENCO** – Special Educational Needs Coordinator  
The SENCO is the member of staff in school whose job it is to coordinate support for children who have SEN, both in school, and, if necessary, drawing in expert help outside the school.

**Motability** - The Motability Scheme enables disabled people to exchange either their Higher Rate Mobility Component of Disability Living Allowance (DLA)

to obtain a new car, powered wheelchair or scooter. For full details contact [www.motability.co.uk](http://www.motability.co.uk) or phone 0845 456 4566

### **Portage Services**

The Portage service is a home visiting educational service for pre-school children with educational support needs. For more information, please contact National Portage Association at [www.portage.org.uk](http://www.portage.org.uk)

### **Family Fund**

Family Fund are the UK's largest provider of grants to low-income families raising disabled and seriously ill children and young people. [www.familyfund.org.uk](http://www.familyfund.org.uk)  
email [info@familyfund.org.uk](mailto:info@familyfund.org.uk)

### **CEA Card**

The CEA Card is a national card scheme developed for UK cinemas. To apply and for further details about eligibility contact <https://www.ceacard.co.uk/index.aspx>

If you have any questions or would like to suggest any training that you would like, then please do not hesitate to contact us

Facebook:- LivPaC (closed group)

Liverpool Parent and Carers – Livpac

Email;- [livpac@hotmail.co.uk](mailto:livpac@hotmail.co.uk)

Twitter;- LivPaCL8

Website:- [www.livpac.co.uk](http://www.livpac.co.uk)

